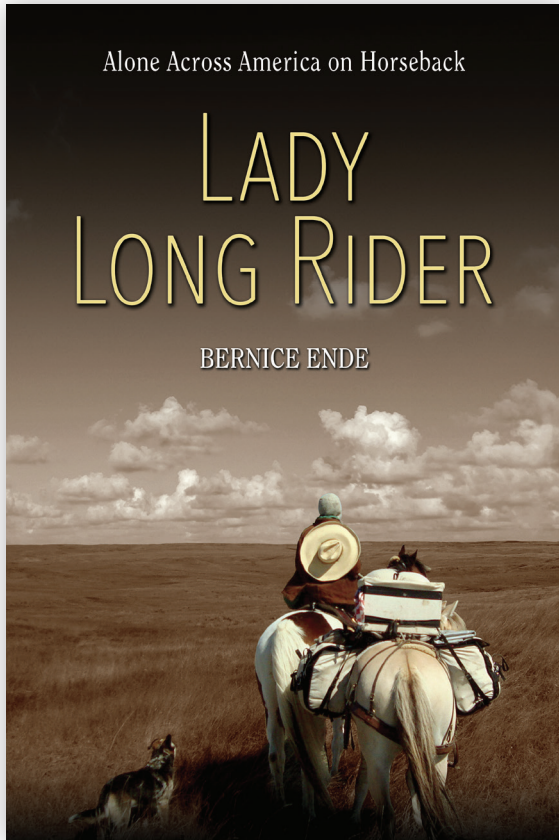


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LADY LONG RIDER:

Alone Across America on Horseback

WRITTEN BY: Bernice Ende

PUBLISHED BY: Farcountry Press

SHELVING CATEGORY: Memoir/Local Interest

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7 maps

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Bernice Ende *is* the Lady Long Rider. Since her first long ride at age 51 in 2005 from Montana to New Mexico, Ende has logged more than 29,000 miles in the saddle, crisscrossing North America on horseback—alone.

More than once she has traversed the Great Plains, the Southwest deserts, the Cascade Range and the Rocky Mountains. From 2014 to 2016, she was the first person to ride coast to coast and back again in one trek.

Lady Long Rider: Alone Across North America on Horseback chronicles Ende's travels, the friendly people she meets along the way, and her ongoing encounters with rough weather, wildlife, hard work, mosquitoes, tricky route-finding, and the occasional worn out horseshoe. Ende reveals her inner struggles and triumphs—testing the limits of physical and mental stamina, coping with inescapable solitude, and the rewards of living life her own way, as she says, "in her own skin." Along the way, she discovers a sense of community and love of place that unite people wherever they live.

- Seven maps showing Ende's routes across North America
- Signings and events with the author
- Includes many of the generous, neighborly people Ende has met on her travels.

About the Author



As of spring 2018 and now in her mid 60s, **Bernice Ende** has ridden more than 29,000 miles solo on horseback around the United States and Canada, including an 8,000-mile ride from Montana to Maine, then to Puget Sound, and back home to Montana. The Long Riders' Guild has recognized Ende as an outstanding ambassador for long-distance exploration on horseback—no other living woman has done as many journeys or ridden as many miles as Ende. You can follow Bernice on Facebook or on her website, www.endeofthetrail.com.

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